Board of Trustees

The Mental Health & Recovery Services Board of Lucas County Trustees is comprised of a diverse group of citizen volunteers who are consumers, family members, behavioral health specialists, and community leaders. They ensure that Lucas County citizens with mental health and/or addiction disorders have access to programs, services, and supports that will maximize their ability to recover and function in the community without limitations.

### Board Members

**Officers**
- Chair – Lois Ventura, Ph.D.
- Vice Chair – Jim Stengle
- Treasurer – Robin Reeves
- Secretary – Andrea Mendoza-Loch

**Trustees**
- Andre Tiggs
- Carol Ann Allen
- Chief George Kral
- Tim Valka, M.D.
- Linda Alvarado-Ace
- Linda Howe
- Lynn Olman
- Marcia Silverman
- Neema Bell
- Rev. Donald Perryman, Ph.D.
- Pastor Waverly Earley
- Tony Pfeiffer
- William Sanford

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### Board Staff

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<th>Position</th>
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<tr>
<td>Executive Director</td>
<td>Scott Sylak</td>
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<tr>
<td>Director of Programs &amp; Services</td>
<td>Amy Friel</td>
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<tr>
<td>Director of Planning and Quality</td>
<td>Cami Roth Sabotnyak</td>
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<td>Director of Finance</td>
<td>Carolyn Gallatin</td>
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<tr>
<td>Manager of Prevention and Mental Health Promotion</td>
<td>Cynthia Brown-Chery</td>
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<td>Director of Health Equity</td>
<td>Delores C Williams</td>
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<td>Finance Manager</td>
<td>Jenni Hoffman</td>
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<tr>
<td>Manager of Data and Information Systems</td>
<td>Joe Saad</td>
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<tr>
<td>Community Engagement &amp; Outreach Manager</td>
<td>Kristal Baham</td>
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<td>Manager of Contracts</td>
<td>Lailisha Brown</td>
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<td>Manager of Recovery Services</td>
<td>Michelle Glanzville</td>
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<td>Manager of Claims &amp; Benefits</td>
<td>Mike Carter</td>
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<td>Client Rights Officer</td>
<td>Morgan Mitchell</td>
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<td>Office Manager</td>
<td>Robert Kaspuk</td>
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<tr>
<td>Manager of Training and Development</td>
<td>Siva Tychoor, M.D.</td>
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<tr>
<td>Medical Director</td>
<td>Steve Spinelli</td>
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<td>Director of Operations and Technology</td>
<td>Robert Kasprzak</td>
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<td>Customer Service Representative</td>
<td>Tim Guyer</td>
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<tr>
<td>Associate Director</td>
<td>Neema Bell</td>
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### Vision:
A compassionate community that embraces recovery and mental wellness.

### Mission:
To cultivate a high-quality network of resources that inspires personal recovery and promotes mental wellness for Lucas County residents.
In May of 2017 the MHRSB Trustees approved a three-year strategic plan that identifies critical challenges facing the Board and outlines high-level action steps for addressing these challenges. Using a collaborative process, the Trustees prioritized Data and Information Systems, Communication and Education, Collaboration and Innovation, and Youth and Emerging Adult Services as priorities for the upcoming three-year cycle. Work on these priority areas has already begun.

A Data and Information Sharing Workgroup was formed in July and has met monthly since its creation. Focusing on internal data wants and needs first, the workgroup will move to developing recommendations regarding infrastructure and data collection, report development, information dissemination, and decision-making integration. As an example of moving forward regarding youth services, the MHRSB has partnered with OhioMHAS, peer systems and ten other Northwest Ohio counties to implement the Engage 2.0 grant. As the regional coordinator, the MHRSB will work with its regional partners to develop and implement strategies that will enhance access to early childhood mental health services. This highly innovative and collaborative effort is one way the MHRSB is transforming its current funding structures to support evidence-based and innovative practices that address emerging community needs. Finally, improving regular communications with our many stakeholders will help reduce stigma and improve service accessibility and decision-making. While some of this work is on-going, a more robust strategy will be developed in 2018.

Of course, these four emerging priorities will be integrated with our efforts to effectively addressing the Opioid Epidemic, reducing the penetration of the mental illness and addiction into the criminal justice system, eliminating chronic homelessness, preparing for the implementation of Behavioral Health Redesign and Managed Care, and improving health equity for all Lucas County residents.

We know our challenges are many, but with the continued support of the community and our stakeholders, we are confident we will achieve our mission of inspiring personal recovery and mental wellness outcomes.

Yours Truly,

Scott A. Sylak
Executive Director

MHRSB Alcoholic and Other Drug Prevention/Mental Health Promotion Plan

The Mental Health & Recovery Services Board (MHRSB) of Lucas County’s Alcoholic and Other Drug Prevention/ Mental Health Promotion Plan was developed to address the following: the prevention of addiction to alcohol and other drugs (AOD), problem gambling, and the promotion of mental health. A greater emphasis has now been placed on the availability of prevention across the lifespan. This is critical as individuals can be at risk for behavioral health problems at various times of transition in life.

The plan focuses on preventing or delaying the onset of behavioral health problems. Prevention services are science-driven or evidence-based strategies designed to facilitate attitude and behavior change for individuals, and/or communities. The MHRSB currently funds 15 prevention programs at 10 agencies serving ages 4-100+. Current programs are in response to emerging trends in the areas of heroin/opiate addiction, suicide, problem gambling, and mental health.

Portable Drug Drop Boxes

MHRSB purchased three new Portable Drug Drop Boxes for the Toledo Police Department. All solid drugs — pills, capsules, patches, and pet medications — can be deposited into these boxes. The portable drop boxes will be featured at all police-sponsored events including town halls, neighborhood block watch meetings, and Coffee with the Cops gatherings via the community relations officers. The Toledo Police was immediately on board with the portable drug drop box idea. They acknowledged that it not only benefits the police department, but it benefits the entire community to get those unwanted prescription drugs off the street and out of the hands of someone who could potentially abuse them. This is another example of how the MHRSB continues to collaborate and come up with innovative ways to fight back against the opioid epidemic in our area. To request a portable drug drop box for your event, contact Lieutenant Brian Brzozowski at (419) 936-2000.

The MHRSB distributes 93% of its federal, state and local discretionary funds to 22 non-profit, community-based agencies to provide prevention, treatment, and recovery services to meet the needs of the uninsured, underinsured, and indigent in Lucas County.

31,720 TOTAL UNIQUE CLIENTS

African American, Hispanic/Latino, White, Unknown/Other
10,312 1,444 17,377 2,587

93%

The Toledo Lucas County Health Department Syringe Access Program

MHRSB implemented a community mini-grant program that engages small grass roots organizations whose activities are projects that make a difference in the communities they serve. Toledo Lucas County Health Department Syringe Access Program (TLDCHD) and the University of Toledo Medical College (UTMC) created a Syringe Access Program. The program was a result of the growing health concerns regarding prevention of Hepatitis C and HIV in the population of people that are using heroin/opiates. The program is in response to emerging trends in the areas of heroin/opiate addiction, suicide, problem gambling, and mental health.

NAMI of Greater Toledo’s Creative Expressions Program provides a series of therapeutic art workshops for children, adults and families. The workshops help participants explore their feelings, confront challenges, and build relationships. They also provide individuals in recovery with opportunities to become peer mentors. The workshops are facilitated by peer mentors and monitored by NAMI staff. NAMI presented the Board with this special piece of art shown above in August of 2016.

15,250 Adults 10,740 Youth 15,761 Male 15,949 Female 3,576 Non-Medicaid 1,834 Dual 26,310 25,686 2,270 MH 3,744 Dual

SYSTEM OF CARE AGENCIES

A Renewed Mind (419) 720-9247
Adelaide (419) 264-8440
Advocates for Basic Legal Equality, Inc. (ABLE) (419) 255-0814
Big Brothers Big Sisters of Northwestern Ohio (419) 243-4600
Court Diagnostic and Treatment Center (419) 244-6624
Family Service of Northwest Ohio (419) 244-5511
Harbor Behavioral Health (419) 475-4449

Lutheran Social Services of Northwestern Ohio (419) 243-9178
Mercy (419) 251-2303
National Alliance on Mental Illness (NAMI) (419) 243-1119
Neighborhood Properties Inc. (NPI) (419) 473-2604
New Concepts (419) 531-5544

Rescue (419) 255-9065
St. Paul’s Community Center (419) 259-4605
Swanton Area Community Coalition (419) 826-1222

Sylvania Community Action Team (SCAT) (419) 824-8558
The Learning Center* (419) 360-2842
Thomas M. Wernert Center (419) 342-3030
Treatment Accountability for Safer Communities (TASC) (419) 342-9955
Unison Health Group (419) 542-6337
Urban Minority Alcoholism and Drug Abuse Outreach Program (UMADAP) (419) 545-4444
Zep! Center (419) 841-7701

Prevention  Support  Treatment