

A Renewed Mind Toledo Offices Introduce Services by Phone, Computer or Tablet. Offices also Open for New and Existing Clients Needing Mental Health or Substance Use Treatment

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A Renewed Mind, a regional behavioral health provider headquartered in Perrysburg, Ohio, is employing technology to provide services as well as keeping its offices open to serve clients in Toledo, Findlay, Perrysburg, and Bowling Green plus those in the Four County area of northwest Ohio. A Renewed Mind offers services via phone, computer or tablet for the protection and well-being of both our staff and our clients. If a prospective, new client wishes to complete an assessment without coming into the office they can do so by phone, tablet or computer or come into the office.

“In this time of uncertainty in our world, it is all the more reason for us to be available to clients and anyone who needs to talk with a professional about their anxiety, fears, depression, stress or substance use,” said Matthew Rizzo, President & CEO, A Renewed Mind.

All of our offices are following the CDC guidelines for social distancing, disinfecting, and cleaning. We are asking those who may have symptoms of Covid-19 or who have been exposed to someone with Covid-19 to not come to an office but rather call for instructions.

“We hear a lot about the medical aspects of Coronavirus but for all Americans the mental and emotional effects are equally important. We don’t want anyone to contemplate suicide or have an alcohol/drug relapse. We are here to help **today**. Stay connected.” explained Mr. Rizzo.

The Toledo Office of A Renewed Mind, at 1832 Adams Street, has the following office hours: Monday-Thursday 7:30am-5pm and Friday 7:30am-3:00pm. Open Access (Walk-ins) hours include: Monday-Thursday from 8:30am-3:00pm and Friday 8:30am-12:00pm. The phone number to call to make an appointment or get more information is 419.720.9247 or 1.877.515.5505. Services are also offered at the Navarre Park Family Health Center at 1020 Varland Avenue. Office hours are Wednesday-Friday from 8am-4pm. Phone number is 419.696.1515. A Renewed Mind had to move out of the Access

Center on 117 Main Street when it closed and moved its services to the Navarre Park Family Health Center.

All office locations, hours and changes due to Covid-19 are on www.ARenewedMindServices.org and the Facebook page: A Renewed Mind Behavioral Health.

A Renewed Mind offers :

- **Mental Health Services** including diagnostic assessment, counseling, case management services, and DBT Services.
- **Substance Use Disorder Services** for adults include medication-assisted treatment, child and adult psychiatry, nursing/medical services and counseling.
- **Three Recovery residences** for up to 40 men. The Residences offer an array of services for those in all stages of recovery. One is located in East Toledo and two are in Napoleon, Ohio.

A Renewed Mind is an OhioGuidestone organization. While it retains its own non-profit organization status and board of directors, A Renewed Mind operates independently as a subsidiary of OhioGuidestone. OhioGuidestone, headquartered in Berea, OH, offers a diverse range of customizable services in 27 counties in Ohio. Together, A Renewed Mind and OhioGuidestone significantly advances the availability of innovative, client-centered mental health and addiction service models across Ohio.

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